

## Art Club and National Radio Day at Lulworth House Residential Care Home



### Art Club

**This week at Lulworth House Residential Care Home we held our very first Art Club.**

With help from some of our residents, we prepared two paintings to discuss: *'The Water Lily Pond'* by Claude Monet and *'Ophelia'* by John Everett Millais.

Our residents enjoyed **looking closely at the pictures and commenting on them**. Andrew and Doreen said they used to have a big garden with a pond. Sue loved the bridge, as a symbol of connection between known and unknown. Others pointed out how the colour green helps reduce stress, as it reminds and brings you back to natural landscapes. In contrast with *'Ophelia'*, where residents sensed something darker happening.

Our ladies and gents then decided to **enjoy some painting themselves**, taking inspiration from the pictures observed. *More Art Clubs to come!*

## National Radio Day

Saturday 20 August was **National Radio Day** and here at **Lulworth House** we displayed our **record player with albums** for our residents to look at and hold. *Many memories came to mind!*

We held a group discussion about everyone's favourite music and listened to some memorable tunes. *A very enjoyable day.*

