

Baking shortbread at Lulworth House Residential Care Home



We had a week packed with sweet-treat making last week at Lulworth House Residential Care Home.

Our Nourishment and Social Wellness Coordinator, Katja, baked **shortbreads**, decorated **biscuits with French flag icing** and made **Rice Krispy cakes** with our residents.

"We made shortbread on Monday. Monica was down from her room and enjoyed stirring the mixture with me – until her arms started to ache – then Rita and Sandy stepped up to help out! French flag making was on Tuesday, when we added coloured icing to malted milk biscuits – perfect for our Bastille day celebrations. On Wednesday we made marshmallow Rice Krispy cakes. John doesn't usually join in with activities so I was so pleased that he helped with mixing the marshmallows and Rice Krispies together!"



These French flag biscuits were yummy



John helped make the Rice Krispy cakes