

Birthday celebrations and bird watching at Lulworth House Residential Care Home



Our lovely resident Joyce celebrated her 90th birthday at Lulworth House Residential Care Home recently.

We had dancing, presents, cake and a Skype call with her daughter who was pleased to be able to send her wishes despite lockdown.

We've kept nice and cosy during this colder spell, with some soothing **sensory and relaxation sessions**, which our residents have really enjoyed.

And we are getting ready to make our contribution to the **Big Garden Birdwatch** for the **RSPB**, which encourages people across the UK to watch and note down birds that visit their gardens. We have lots of bird lovers, so we'll look forward to seeing which feathered friends come to visit us and submitting our findings!

To find out more about the initiative visit: www.rspb.org.uk

