

Cheese rounds and milkshake tasting at Lulworth House Residential Care Home



Last week we made our 'famous' cheese rounds here at Lulworth House Residential Care Home, which our residents enjoyed warm from the oven.

We also played a '**milkshake guessing game**', with shots of fortified milkshakes. Our residents had to guess the flavours they were sampling. This was great fun, very tasty and a good way to hydrate and provide some delicious calories!

Nourishment and Social Wellness Coordinator Katja and resident Carol **practiced their piping techniques** and decorated some Swiss rolls with butter icing and sprinkles. *Good fun!*

Breakfast decisions....

Katja has started to offer a special breakfast which originally came from an idea her daughter Edith had. Perfect for those residents who can't make up their mind what to have, it's a mixture! After a chat with those residents they decided to call it an '*Edith Surprise*'. We have a few residents who like to choose this regularly!





