

## Dignity Month and mini golf at Lulworth House Residential Care Home



### Dignity Month

Our Dignity Champion at Lulworth House Residential Care Home has made and designed her own t-shirt at home to wear at work, to promote dignity during Dignity Month.

She has the 'six Cs' displayed on the back of her t-shirt, which are the **important values** we share across all our Nellsar Homes: **Care, Companion, Competence, Communication, Courage** and **Commitment**, each playing a vital role in providing the highest standard of care for our residents.

She is doing a fantastic job at **raising awareness** and reminding everyone of what to look out for to maintain dignity in their practice at all times.

### Mini golf

Last week at Lulworth House we held a **mini golf tournament** between our residents; some got on their feet to take their putts, while others got involved just as much from the comfort of their armchairs.

Putting seemed to **bring back memories** for some individuals of playing golf in their younger years, and they really got into the spirit of the game.

*There was even some competition with their scores, but it was all in good fun!*