

## Feeling fruity at Lulworth House Residential Care Home



## For Nutrition and Hydration Week (11-17 March) we ensured our residents got lots of lovely fresh fruit here at Lulworth House Residential Care Home.

We prepared fresh fruit cocktails for our residents, which are always very popular. We also served fruit and herb tea, as well as speciality coffees, to make sure everyone kept well hydrated.

Throughout the week we had plenty of fresh fruits and jellies available too, and at the weekend we voted to have some Guinness, Irish cream and whisky to celebrate St Patrick's Day! Perfect!



## Lulworth House Care Home

















