

January activities at Lulworth House Residential Care Home



We've been busy here at Lulworth House Residential Care Home throughout January with activities around our Home.

Our residents have been enjoying our weekly **Namaste** sessions, which are always very relaxing.

We've also shared **card games**, been busy with **Valentines crafts** and enjoyed fun **dance exercises** sessions with Jess who visits us fortnightly.

Our ladies love to **bake** and have recently been busy making and icing cupcakes with Katja in our Dining Room, which were delicious.

There have been a number of **birthdays** to celebrate too. We love spoiling our residents on their special days, with treats, birthday cake surprises and outings to our pub next door. *Many happy returns to all!*







