

## Lulworth House Residential Care Home residents celebrate Cowboy Day



**On Monday 24 July we celebrated Cowboy Day at Lulworth House Residential Care Home with a number of themed activities.**

We began the day by putting on our cowboy hats and replacing our morning chair yoga with some **seated line dancing**. This was a big hit with our residents; they enjoyed it very much and it was obvious that we had some natural line dancers in our Home!

After tea, we made some cowboy treats. We made some **cowboy hats from chocolate dipped Pringles, peanut butter cups and strawberry laces**, finished off with a little star on the front. These were brilliant and everybody really enjoyed making them (*almost as much as they loved eating them!*).

In the afternoon we finished the day off with **cowboy arts and crafts**. We personalised cowboy hats with beads, gems and feathers as we listened to some **classic country songs**.

*It was a lovely day and we can't wait to host more themed days like this!*