

## Lulworth House Residential Care Home volley balloon Olympics



**Our residents at Lulworth House Residential Care Home were enthusiastic last week as they actively competed in our 'Lulworth Volley Balloon Olympics'.**

The event was fun, exciting, engaging and uplifting, livening up the whole room with laughter! The experience bonded our residents together as a team and as friends.

It was so lovely to see such great team sportsmanship and lots of laughter.

*One resident was enjoying herself so much she said "That was so good, I'm going to laugh myself to sleep tonight!"*

Another of our residents couldn't use his arms actively, so he joined in with a 'header' instead. We'd never seen such ingenuity using a 'header' in volleyball – so we all sang '*For he's a jolly good fellow*' to him.



