

## Making muffins at Lulworth House Residential Care Home



**Katja is our Nourishment and Social Wellness Coordinator at Lulworth House Residential Care Home and she helps residents make delicious treats every week.**

*"This week we made some yummy chocolate muffins and decorated them with chocolate icing the next day. We also made refreshing lemon iced tea and cold coffees – our residents have enjoyed drinking them during these hot afternoon. Our cold coffees are particularly tasty because we add vanilla and caramel syrup! We have also decorated some biscuits with white chocolate and milk chocolate paw prints; these will tie in nicely with the indoor nature walk that our Recreation and Well-Being Coordinator Krissie has planned for the weekend."*







