

Mote Park trip and making friendship bracelets at Lulworth House Residential Care Home



Mote Park trip

On Wednesday 16 August, a group of our Lulworth House Residential Care Home residents enjoyed a trip to Mote Park.

We packed some delicious sandwiches, crisps, other snacks and hot drinks and had a lovely **picnic by the lake** at the park. Our ladies and gents love visiting Mote Park as it is so quiet and peaceful, great for **relaxation and calm reflection**. We also enjoyed giving the **local ducks** some lunch with some feed that we bought by the lake.

What a wonderful morning we had!

Friendship bracelets

Last week at Lulworth we also enjoyed **making friendship bracelets** with our residents. We used different colours of wool and a variety of patterns to create **beautiful designs**.

Our residents had so much fun making them and were so proud of them. We made some for staff members and now everyone at

Lulworth House is enjoying wearing **gorgeous matching bracelets!**