

## Pampering and pub trip at Lulworth House Residential Care Home



### And relax...

At Lulworth House Residential Care Home we offer a number of pampering treatments to our residents.

We have now established a **Ladies Club**, which happens one afternoon a week, where our Activities Team offers our ladies **hand massages, nail care and painting**.

Our ladies love a good pampering and getting their nails done; one of them commented that getting her nails done regularly made her feel like *'a new woman!'*.

We open the club to gentlemen too if they would like their nails cleaned or trimmed. There's nothing like a spot of pampering and relaxation.

### Trip to the pub

On Monday afternoon we **headed to our local, The Pippin, for a few drinks**. Our residents love going to this pub as it is close and offers a great variety of drinks.

It was a lovely chance for everybody to get some fresh air as we sat in the **beer garden**. We also spent the time chatting about our favourite drinks, pets we'd had and each other's families. *Our residents loved this little trip and we hope to do it again soon.*