

## September thoughts and Brazilian Day at Lulworth House Residential Care Home



The month of September marks the beginning of autumn season and our residents at Lulworth House Residential Care Home have enjoyed arts and crafts sessions after discussing what September means to everyone.

We **painted the objects of our discussion** (autumn apples, cuddling under umbrellas, autumnal leaves) on teabags and placed them on our 'seasonal tree' to display and smell.

### Brazilian Day

Wednesday 7 September marked the celebration of **Brazilian independence** and our residents watched some informative history videos to learn about the country and its past.

We played with some bright coloured pens to **create masks** which we then used when we danced to the rhythm of some lively **Brazilian beats**. *Great fun!*