

Smoothies and biscuit decorating at Lulworth House Residential Care Home



Smooth moves!

We had fun smoothie making with our residents at Lulworth House Residential Care Home last week.

We used fruit and boosted them with extra nutrients to make them both delicious and fortifying for everyone. Joyce loved the mixed berry flavour best!

We also made an array of other **cold drinks and ice lollies** to keep us all well hydrated, as well as some mouthwatering **watermelon** from the fridge to help us cool down in the warm weather.

Decorating delights

We do love **decorating biscuits** and had fun recently with milk and white chocolate, or a mixture of both, creating some delicious biscuit treats, complete with star and colourful confetti toppings. *Yummy!*

Flower arranging

Nina from our Well-Being Team kindly helped our residents with some **flower arranging** last week, in preparation for our special **Lulworth House memorial service**.

Our ladies used a selection of beautiful white and pink blooms, including lilies, chrysanthemums and roses to create their beautiful floral displays.



Flower arranging with Nina

