

# Zimmer frames, gardening and skittles at Lulworth House



#### Residents get creative and personalise their zimmer frames!

Our residents at Lulworth House Residential Care Home had great fun last week exploring creative and colourful ways to personalise their mobility aids.

Apart from being a fun activity, this has a practical purpose, as it is a great way to make sure our residents recognise their own aids and don't reach for the wrong frame, risking a fall.

From flowers to ribbons - the colourful zimmer frames look fantastic around our Home!

It's been 'all go' in our garden too recently, with lots of potting, picking and sweeping going on! We're really pleased to have grown a few punnets worth of strawberries and they are delicious!

Many of our ladies and gents also enjoyed a few games of 'hat skittles' in the warm sun, looking very fetching in their hats - great fun!















































